

The Watershed News

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A Quarterly Publication for the Ossipee Watershed Published by the Green Mountain Conservation Group

Susan C. Morse will be guest speaker at 15th Annual Meeting

On Saturday, January 19, the Green Mountain Conservation Group will celebrate a significant milestone—the 15th Annual Meeting. It will take place at Lakeview Neurorehabilitation Center in Effingham from 4:00 to 7:00 p.m. The evening will be a celebration of natural resource conservation in the Ossipee Watershed, honoring all of the volunteers, partner organizations, community members, towns, and individuals that have contributed to conserving our shared resources over the past fifteen years.

The evening will begin with a social hour and refreshments at 4:00 p.m. This will be followed by community awards, election of GMCG officers, and a dinner graciously hosted by Lakeview. After the meeting and dinner, featured speaker, Susan C. Morse, renowned tracker and photographer, will present her photographs, stories, and intimate knowledge of New England's wild creatures. Ms. Morse founded Keeping Track®, a Vermont-based non-profit devoted to training professional biologists

and citizen scientists alike in wildlife monitoring skills.

Keeping Track's mission is to empower stakeholders to use their knowledge to detect, record, and monitor the status of the wildlife and wildlife habitat in their



communities. Since 1994 Keeping Track has trained thousands of volunteers across North America. Data collected by Keeping Track teams has influenced the conservation of nearly 40,000 acres in New England, California and Quebec.

Keeping Track success stories include projects that have conserved large tracts of

unfragmented lands, protected wildlife corridor connectivity, and relocated or eliminated threatening land uses.

Ms. Morse's work has been featured in many publications, including *Smithsonian*, *Audubon*, *Amicus Journal*, *Forest Magazine*, *Wild Earth*, *Vermont Life*, *Adirondack Life*, *The Nature Conservancy*, and *Ranger Rick*, as well as on National Public Radio's "Morning Edition". Visit www.keepingtrack.org to learn more about Ms. Morse's work.

Come meet fellow watershed neighbors and learn how you can help conserve the natural resources of the Ossipee Watershed when you join Green Mountain Conservation Group. The meeting is open to the public, but seating is limited. For more information or to reserve tickets, please call 539-1859 by January 16 (dinner & presentation-\$20/ students-\$10; presentation only-\$5; morning tracking workshop-free).

GMCG extends a special thanks to Lakeview Neurorehabilitation for hosting our 15th Annual Meeting.

Tracking workshop with renowned ecologists will kick off celebrations

In celebration of GMCG's 15th Birthday, renowned tracker, Susan C. Morse will help kick off the day by joining us for breakfast and then leading a morning tracking workshop. Anyone interested in attending the breakfast (pay-your-own) please meet us at Lynnski's Restaurant on Route 25 in Ossipee from 7:30-8:30 a.m.

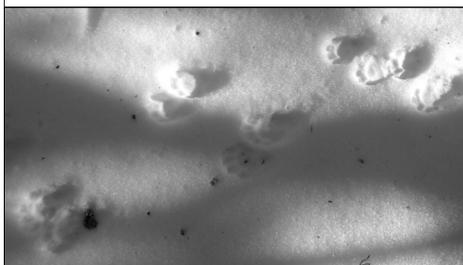
Following the breakfast, interested trackers should plan to meet at the GMCG office at 196 Huntress Bridge Road in Effingham at 9 a.m. We will then travel together to the South River Marsh for the tracking workshop from 9

a.m. –noon. Ms. Morse will be joined by Dr. Rick Van de Poll, a well known wetlands scientist, who conducted a detailed inventory of the Marsh for the town of Effingham.

Ms. Morse is highly regarded as an expert in natural history and tracking. She has been monitoring wildlife and interpreting wildlife habitat use since 1977. Her research has focused on cougar, bobcat, black bear, and Canada lynx.

While not required, snowshoes or skis may be helpful depending on the snow conditions. Please dress appropriately and bring water. Sorry, furry four-footed

friends must stay at home for this workshop. Thanks for your understanding! For more information or to register, please call 539-1859.



Fisher tracks behind GMCG's office.

The Watershed News

The Watershed News is a quarterly publication of the Green Mountain Conservation Group, a non-profit, 501(c) 3, charitable organization established in 1997 and dedicated to the preservation of the natural resources in the Ossipee Watershed. The towns of Effingham, Freedom, Madison, Ossipee, Sandwich and Tamworth make up the boundaries of the Ossipee Watershed. This watershed includes one of the largest and deepest stratified drift aquifers in New Hampshire.

GMCG's purpose is twofold:

1. To provide an organizational structure for a coalition of citizens and local officials interested in identifying sensitive areas within the Watershed in need of protection;
2. To offer public educational events about conservation issues and possible solutions regarding the preservation of unique natural resources.

Through research, education, advocacy and land conservation we strive to promote an awareness and appreciation of our watershed's natural resources and encourage a commitment to protect them.

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Youth Coordinator, Stephanie Doyle

Executive Director reflects on 15 years with GMCG

By Blair Folts

The January Annual Meeting will celebrate an important milestone for GMCG—15 years of conservation work in the Ossipee Watershed. When I reflect on the many accomplishments of this organization, one thing that keeps coming to mind is the amazing people that have helped educate Watershed neighbors and visitors about our aquifer and important natural resources.

Fifteen years ago, we were just starting to understand the extensiveness of the Ossipee aquifer and were beginning to think of planning for growth based on “watersheds,” not just based on our political boundaries.

As an organization and community, we have faced many challenges ranging from liquidation logging in the late 1990s to, more recently, inappropriate development proposals over sensitive aquifer lands. At each step of the way, GMCG members, community friends and municipal officials have worked together to conserve shared resources and still to allow for growth that would not negatively impact our drinking water or our quality of life. Even in an ideal world our work would still be full of challenges, but given the very difficult economic climate today, it has been even more complex.

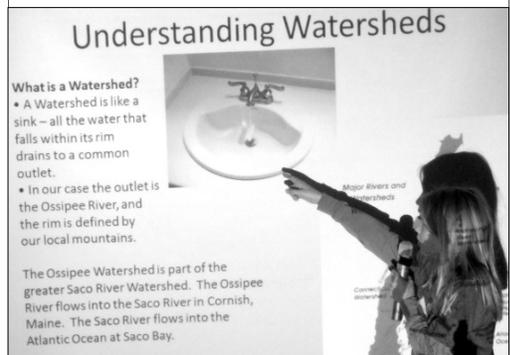
GMCG has completed its 10th year of Water Quality Monitoring. Hundreds of dedicated volunteers have faithfully collected samples at more than 35 sites across the watershed, including 10 sites that are sampled year round. An analysis of this data will be available for the community in the Spring and we welcome your input for any changes you would like to see in this program. This is **your** program.

The Water Quality Program has also expanded to include area youth as volunteer scientists who help collect macroinvertebrate samples in the Fall and participate in groundwater sampling through the GET WET! program in the winter. With all citizens engaged in

watershed awareness, we hope to be able to continue to plan for growth in a way that will not harm our important shared natural resources, particularly our precious drinking water.

With only two staff members, GMCG relies on dedicated volunteers to help lead the way with data collection, community outreach and to be spokespeople for our common resources. GMCG has come a long way from the first meeting when a founding board member brought that paper bag of quarters— \$150—in order to incorporate as a non-profit. GMCG's budget has grown and there is a staffed office. GMCG is also a land trust and owns 200 acres of land and holds twelve conservation easements—all important holdings for aquifer protection.

As we celebrate our 15th anniversary, I reach out to you to call to mind that **this is your organization!** Please renew your annual membership for 2013. Can you afford \$1 a week and become a member at \$50 a year? Or 50 cents a week at \$25 a year? Thanks to so many of you, we are meeting our goals of resource conservation in the Ossipee Watershed one drop at a time. THANK YOU for your continued support! We hope to see you at our Celebration on January 19th! Happy New Year!



A fifth grader explains what a “watershed” is at a community presentation. All six towns in the watershed partner with GMCG to collect water quality data, and the schools partner with us to collect macro invertebrate information and present this at an annual Youth Water Quality Meeting.

Water quality monitoring update

In November, University of New Hampshire research partners presented information about tributary data collected by GMCG volunteers since 2002, and Ossipee Lake data collected since 1990. More than 50 people attended this community meeting to learn about the state of water quality in the watershed and weigh in on next steps.

Bob Craycraft presented data from the different basins of Ossipee Lake and explained how the erosive power of rain drops and stormwater can free up phosphorus that is bound to sediments and carry it into our lakes and ponds. Sediment and phosphorus-laden runoff can promote undesired aquatic plant growth and reduce water clarity, which in turn warms up the water, depletes

oxygen and accelerates the typically slow process of lake aging.

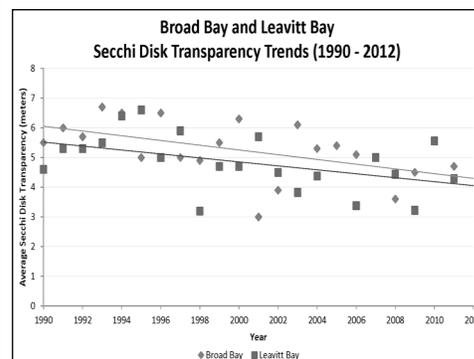
Data from 1990 in Broad and Leavitt Bays show a four to five foot decline in water clarity (the depth to which light penetrates). Phosphorus concentration in all four basins and Danforth Pond are near or above levels associated with clear, cold water lakes in New Hampshire.

Craycraft recommended expanding the sampling season to improve predictive capabilities and to better understand variations characteristic of each water body.

GMCG is always looking for more water quality volunteers. If you are interested or would like to learn more about this program, please call Program Director, Eric Senecal at 539-1859.



Powerful rain drops mobilize sediment.



The importance of long-term data and the need for watershed planning

By Michelle Daley

The Ossipee watershed contains high quality surface water and groundwater resources critical to the socio-economic and environmental well-being of the communities of the region. Current and future recreation and drinking water needs depend on maintaining high water quality in the lakes, streams and groundwater resources. The stratified drift aquifer underlying the Ossipee watershed is the largest in New Hampshire, but it is also very susceptible to pollution.

The population of the region is expected to increase by 50 percent from 1998 levels by 2020. This rapid growth will introduce more potential non-point sources of pollution (pavement, septic systems and fertilizer) and threaten the quality of the aquifer as well as the lakes and streams. Furthermore, the larger Saco River watershed (which the Ossipee watershed is in the headwaters of) ranks among the 15 most threatened watersheds in the nation due to the potential for water quality degradation as a result of projected conversion of

private forests to residential development (Stein et al. 2009). This likely increase in population will also increase the demands on the aquifer to supply clean drinking water.

In 2002 GMCG partnered with the New Hampshire Water Resources Research Center (NH WRRC) at the University of New Hampshire to collect water quality data in the Ossipee watershed and determine if long-term changes in water quality are occurring. It often takes more than ten years of data, and sometimes decades of data, to determine if water quality is getting better, worse or staying about the same. After eleven years GMCG and NH WRRC are starting to assess these trends.

Data collected so far will support the development of a watershed management plan. Watershed planning is a cyclical process that involves lots of public engagement to set goals, formulate an action plan, and evaluate progress towards goals through continued data collection. Often times, one action is to conduct a build-out analysis of the watershed to

evaluate what watershed development patterns could look like in the absence of proactive planning. Build-out analyses are useful tools for guiding land use planning decisions so that the landscape is developed in a way that meets the public's vision of what the watershed should look like in 20, 50 or 100 years while also protecting water quality.

Continued long-term data collection will be necessary to document water quality response to land management decisions and to seasonal and annual variability in climate so that the management plan can be updated as new information becomes available.

Continued data collection could also allow communities to detect potential early warning signs of dramatic changes to surface water quality resulting from rapid development. The NH WRRC and GMCG appreciate all the volunteers who have worked hard to collect data over the past eleven years. Good management decisions rely on good datasets.

Ms. Daley is Associate Director of NH Water Resources Research Center, UNH.

Conservation Conversations

Editor's Note: *Watershed Conversations is intended to provide a forum for the six towns of the Ossipee Watershed to share news of their conservation and planning activities and an opportunity to find creative solutions regarding watershed issues.*

Effingham

The Board of Selectmen of Effingham has offered Effingham Conservation Commission (ECC) two parcels of Town land. This offering will be voted on as a warrant article at the March Town Meeting. One parcel is on Pine River Road; the other is located on the north side of Province Lake. Both properties are in wetland areas and are not buildable, but offer good habitat for many species of plants and animals. We are grateful to the Selectmen for offering this land for conservation use.

ECC has recently installed a roadside sign at the Larry Leavitt Preserve on Route 153. A painting of a common yellow throat bird will complete the sign this spring.

The ECC is currently awaiting the Planning Board's review of ECC's Natural Resource Chapter for the Town's Master Plan and hope to have this task completed sometime in 2013.

Freedom

The Freedom Conservation Commission (FCC) has two sub committees; the Forest Advisory Committee (FAC) and the Freedom Aquatic Invasive Species Committee (FAISC). Their roles are to address important topics such as funding, policy, and professional and volunteer projects in the town's many valuable assets: the water bodies and town-owned tracts of land. In this issue we will provide information about activities of the FAC.

Visitors to the Freedom Town

Forest (FTF) entering at the Pequawket gate located on Ossipee Lake Road across from Pequawket Trail will now have additional parking spaces. A two year study by the FAC and FCC resulted in the need for additional parking spaces at this location. The study indicated that the current parking created a public safety concern as visitors were forced to park in front of the gate if more than four vehicles were present.

This work was completed in compliance with guidelines established in the state approved stewardship plan. In spite of all this careful planning, Mother Nature intervened. After close observation we found that a white birch centered in the new development area was home to a future woodpecker family. This curtailed construction for a period before our new forest family moved on.

The Freedom Old Home Week Committee (OHWC), FCC, and FAC conducted for the first time a narrative forest tour. During the tour, the narrator, a committee member, was competing with the sound of hoofs on the road. In their early planning the OHWC had the idea to conduct this tour in a horse drawn wagon. The twenty four visitors had the opportunity to travel the forest roads in this historic transport mode.

Madison

The Madison Conservation Commission has two new members this year, Ted Slader and Nancy McClennan.

This fall Commission members volunteered to be sponsors of a town property or easement so that there is a point person for each property. Sponsors are responsible for annual inspection and monitoring of the property and can be an organizer of any work days or issues that need to be addressed with the property. This

allows for more efficient and effective management and stewardship of town lands.

The Commission continues to work on the prescribed burn contract with The Nature Conservancy and Natural Resource Conservation Service for the Goodwin Forest pine barrens.

Ossipee

Tis' the season for budget proposals, walking conservation easements and waiting for the wetlands to freeze before habitat maintenance and scenic view tree cutting on the "Window of the Ossipees" property can take place.

The Ossipee Conservation Commission is looking forward to the New Year with plans on collaborating in the months ahead with other conservation commissions in the watershed. Special thanks to Emelyn Albert, and the Effingham Conservation Commission for support.

Grant writing efforts will soon be underway in order to continue the Lake Host Program on Ossipee Lake in 2013. Funds from NH DES and matching funds by local municipalities make this possible. In the summer of 2012 there was one save of variable milfoil on an exiting boat. Treatments and hand pulling were other methods used in controlling invasive exotics.

This holiday season OCC will be gifting Ossipee Central School teachers and students with a Trees of Life CD, by Steve Schuch. While awakening their natural curiosity through Steve's music, board member, Lynn Clarke will also be sharing informative components of the recently completed Taking Action for Wildlife Plan.

It has been a pleasure working together protecting our natural resources in the Ossipee Watershed. Happy 15th year anniversary Green Mountain Conservation Group!

Watershed youth present water quality data from the VBAP program

Students from across the Ossipee Watershed gave an outstanding presentation to a full house at the Remick Farm Museum in Tamworth on December 6th. Grades 4-12 were represented and included: Effingham Elementary School, Madison Elementary School, Ossipee Central School, Sandwich Central School, The Community School, and Tuftonboro Central School.

The presentation included various elements of the program as well as an analysis of data collected from the river sites. Students surveyed macroinvertebrate populations in the Cold River in Sandwich, Cold Brook in Freedom, the Bearcamp River in Tamworth, the Swift River in Tamworth, the Lovell River in Ossipee, the Beech River in Ossipee, Forrest Brook in Madison, and the South River in Parsonsfield, ME. According to the students' findings, the biotic scores were in the 'excellent' range in all rivers.

This is the first year nearly all of the schools that participated in the field work were also able to participate in the community presentation. Not only did the youth learn about the macroinvertebrates in the streams and their link to water quality, but they also learned how all the towns are connected through shared natural resources and the extensive aquifer.

Judy Tumosa of NH Fish & Game, who provided training for the program, said, "This is one of the best examples of many schools working together cooperatively within one watershed and how it is an important commitment to study water quality year after year, not just one time. Great job!" Ms. Tumosa was

encouraged by the students' presentation and added that they were also providing a perfect example of the importance of following protocol when collecting water quality data.

The VBAP (Volunteer Biological Assessment Program) is truly a volunteer program and could not take place without the hard work of the student, teacher, parent and GMCG volunteers.

GMCG extends a heartfelt thank you to the Remick Farm Museum for hosting the event, as well as to the volunteers who worked hard as "citizen scientists" and collected data in the field. This program would not be possible without the gracious funding of the Mooseplate Program, The Captain Planet Foundation, The Quimby Foundation, The Pequawket Foundation, and the Dorr Foundation.



Students answer questions from the audience following their presentation of bio-monitoring results and water quality.

Congratulations to VBAP T-shirt Contest Winner

GMCG is proud to announce that over 35 drawings were submitted by students from across the Watershed to the Annual VBAP T-shirt design competition. Minnie Brown, a sixth grader from Madison Elementary, was the winner of this year's design. Minnie was part of the VBAP program run by GMCG with the Mustang Academy afterschool program in September. Catalina Kirsch, Mustang Academy program director, worked with Ray O'Brien, School Board and Noreen Downs, GMCG board chair to bring the program to Madison this year. GMCG congratulates Minnie and thanks all the young artists who shared their wonderful designs. If you would like to see more examples of the designs submitted, please visit the GMCG website at www.gmcg.org.



Minnie Brown (center) with the Madison VBAP team and her winning t-shirt design (inset).

Friends respond after fifteen years of partnership

“Over the past 15 years I have witnessed the growth of GMCG into a premier local environmental organization. They have gone beyond just discussing local issues as they have created programs to collect meaningful data to help evaluate the scope of local problems. GMCG is community-based, using local volunteers and establishing a first-rate educational outreach program. It has been a privilege for me to be able to work with this dedicated group.” – Robert Newton, Department of Geosciences, Smith College

“The first time I learned about how awesome GMCG was when I attended Watershed Weekend at Camp Calumet around 2001 with my little watershed model display about water pollution. I think they were one of the first to use the word ‘watershed’ in an event. Since then, they have continued to lead the way for new and innovative ways to work with communities and their youth on protecting such a precious resource.” – Barbara McMillan, Watershed Outreach Coordinator, NH Department of Environmental Services

“I love the children’s quietness while enthralled in their bucket of macros, stirring the sediment so very gently. Once a critter is captured though, the sounds of joy and shrieks of excitement begin!” – Lynn Clarke, WQM Volunteer

“I first worked with GMCG when I was invited to speak at their first Watershed Weekend in 1999. I was struck by the enthusiasm and desire to help community members understand the bigger picture and how they could play a part in securing their own future by protecting their valuable water resources. I have personally contributed to GMCG since that first moment. I enjoyed being a part of the energy and dedication I felt at Watershed Weekend.” – Sherry Godlewski, NH Department of Environmental Services



“I really enjoy the opportunity being given by GMCG to go out every other week during an extended summer season to be productive (gathering important data) while playing in a picturesque stream.” – Lyn Slanetz, WQM Volunteer

“Working with GMCG over the past 15 years has shown me how dedicated they are to the health and well-being of the Ossipee watershed. Beyond simply teaching folks about water quality and conservation, they have ardently demonstrated it through hard work, conscientious fundraising, and a deep commitment to the protection of water resources in the entire region.” – Rick Van de Poll, Ph.D., Ecosystem Management Consultants



“I sweep my hand northeast across the map of NH conserved land and smile with special recognition of Green Mountain and the kind and committed people I’ve had the good fortune to meet living in towns in her shadow. Fond memories and the rich local history I have learned speak to the character of Green Mountain Conservation Group and its many individual characters!

Congratulations on 15 years. Here’s to many more decades of conservation advocacy and education to help protect the unique resources of the Ossipee Watershed.” – Dave Anderson, Society for the Protection of NH Forests

“In 2011, GMCG, together with the LRPC, completed work with local planning boards to adopt four new groundwater/aquifer protection ordinances that better protect local groundwater resources as a pristine source of drinking water. This multi-town effort took a sustained effort by many and is an excellent example of how to work together to more consistently protect a natural resource crossing municipal boundaries.” – Pierce Rigrod, Source Water Protection Bureau, NH Department of Environmental Services

“GMCG is a successful and inspirational beating heart for environmental awareness and resource protection.” – Andrew Stone, Executive Director, American Ground Water Trust

“GMCG started with a clear vision of what it wanted to accomplish, stayed true to that vision, and thanks to Blair and an extremely dedicated Board, has accomplished so much watershed protection in 15 years, both tangible, like protecting tracts of land and presenting useful data to people making informed decisions, and intangible, like the high level of awareness that watershed residents have about their groundwater. In many ways GMCG exemplifies a successful watershed organization. Plus, the GMCG newsletter has the best cartoons!” – Eric Williams, Watershed Assistance, NH Department of Environmental Services

“As I look back at my work with GMCG, I am still struck that each branch of the mission supports the other. I like the approach of providing constituents with all sides of the issue and with good science and then trusting that they will make the right choice for themselves and the watershed. And now, as I work with another watershed-based organization, I am impressed that GMCG has been able to inspire and motivate right from its outset and continued to do so throughout the past fifteen years. GMCG has also not just collected data blindly, written reports and stashed them away, which is so easy to do. The organization has ground the research in planning and community. These are the lessons that have stuck with me since I worked with GMCG almost ten years ago.” – Rebecca Hanson, Ecological Manager, Squam Lakes Association – former GMCG Program Director, 2003



Winter Calendar

Help Celebrate GMCG's 15th Birthday on Saturday, January 19th

7:30-8:30 a.m. Breakfast with renowned tracker, Susan C. Morse. Lynnski's Restaurant, Rt. 25, Ossipee. Join Ms. Morse and GMCG Board and staff for a great breakfast (pay-your-own) to help kick off the 15th birthday celebrations.

9:00 a.m.-noon. Wildlife Tracking Workshop in the South River Marsh with Susan C. Morse of Keeping Track® and Dr. Rick Van de Poll. Meet at GMCG Offices, 196 Huntress Bridge Rd., Effingham, 9:00 am. Join renowned wildlife experts Rick Van de Poll and Susan Morse for a fun and exciting winter tracking workshop in the South River Marsh. Snowshoes or skis not required, but may be helpful. Dress appropriately and bring water. Sorry, dogs must remain at home for this event.

4:00-7:00 p.m. GMCG's 15th Annual Meeting and presentation by Susan C. Morse of Keeping Track®. Lakeview Neurorehabilitation Center, Highwatch Rd., Effingham. Take a look at the year in review, learn about ways you can volunteer, meet fellow watershed friends and enjoy a delicious meal hosted by Lakeview. A short business meeting and community awards will be followed by Susan C. Morse's presentation of photographs, stories and her intimate knowledge of New England's wild creatures. Tickets are \$20 per person/\$10 student/\$5 presentation only. To reserve tickets please call GMCG before January 16th.. Limited seating so please call today! 539-1859.

Saturday, February 16th, Animal Tracking in the Freedom Town Forest. Calumet Conference Center, Ossipee Lake Road, Freedom, 10:00 am-12:30 pm. Ever wonder what has been leaving tracks in your backyard in addition to you? Have you ever experienced the beauty and wildlife of the 2,661 acre Freedom Town Forest? Join Barbara Bald for a fun and informative lesson on animal tracking followed by an expedition into the largest tract of conserved land in Freedom. Bring your sense of adventure and prepare to trudge through snow. Free and open to the public but please call GMCG to register.

Saturday, February 16th, X-Country Skiing in the Freedom Town Forest. 1:30-3:30pm. Join GMCG Program Director, Eric Senecal for a ski tour of the Old Pequawket Trail. If you join us for morning tracking, bring lunch and refuel before heading back out. If you come just for the ski, meet at the parking area on Ossipee Lake Road at the intersection of Pequawket Trail. Dress for the weather and bring water. Please call GMCG to register.

Gravel Road Maintenance workshop with Russ Lanoie. March TBA. Towns, camps, road associations and land owners can learn how to maintain smoother roads while helping to protect water quality. Call GMCG for more info and to register.

IT'S TIME TO RENEW YOUR MEMBERSHIP for 2013!
Your Membership Makes a Difference. PLEASE renew today!
Every drop counts! Thank you!

(Please make checks payable to Green Mountain Conservation Group P.O. Box 95, Effingham, NH 03882)
You may also renew your membership online at www.gmcg.org/we-need-your-help/

Vernal Pool__\$25 Stream__\$50 River__\$75 Pond__\$100 Bay__\$250 Lake__\$500 Aquifer__\$1000 Other__

NAME _____

ADDRESS _____

PHONE _____ **EMAIL** _____

Are you interested in being a GMCG Volunteer? YES

PLEASE RENEW YOUR MEMBERSHIP TODAY and encourage your family, friends and neighbors to join GMCG. GMCG is a non-profit 501 (C)3 tax-exempt organization. We are funded by grants, memberships, and donations.

Creating a future gift

One of the most meaningful ways to ensure your legacy of caring about clean water and the protection of our natural resources in the Ossipee Watershed, is by including GMCG in your estate planning. By including GMCG in your will, you can assure your legacy of participating in the ongoing work of GMCG to protect clean water and all the natural resources of this region for future generations. Please contact our executive director to discuss the details of your support of GMCG in this way.

We accept donations of real property, stocks, bonds, mutual funds, life insurance policies and gift annuities. Donations are tax-deductible to the full extent of the law. **Our Federal Tax Identification number is: 02-0498020.**



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The Watershed News

Save the Date...
*GMCG 15th Birthday
&
Annual Meeting
Jan 19 2013*
RESERVE TODAY!

**Deadline for
Spring Newsletter
submissions is March 10th**

EVERY PERSON CAN MAKE A DIFFERENCE AND EACH PERSON SHOULD TRY.

